

APPOINTMENT DATE _____

ARRIVAL TIME _____

REGISTER AT MOUNT SAINT MARY'S HOSPITAL
5300 MILITARY ROAD, LEWISTON, NY 14092
(716) 297-4800

PLEASE READ THE ATTACHED INSTRUCTIONS UPON RECEIPT. FAILURE TO FOLLOW THE INSTRUCTIONS MAY
RESULT IN AN INCOMPLETE TEST OR THE NEED TO RESCHEDULE YOUR PROCEDURE.

THANK YOU FOR YOUR COOPERATION.

PROCEDURE CHECKLIST

- ☐ DRIVER
- ☐ INSURANCE CARDS AND DRIVERS LICENSE/ID
- ☐ INFORMATION CARDS FOR IMPLANTED DEVICES SUCH AS PACEMAKER/DEFIBRILLATOR

Upper Endoscopy Instructions

PLEASE READ ALL INSTRUCTIONS ON THE DAY YOU RECEIVE THEM.

About Upper Endoscopy

An upper endoscopy is the examination of the lining of the esophagus, stomach and duodenum using an endoscope. You should plan to be at the hospital for 2-4 hours. It is critical that you follow the instructions as directed.

The physician will discuss results of your procedure with you or your family member when you are in the recovery room. If you had any biopsies taken, you will need to call one week after your procedure for your results. If there are serious findings on the biopsy, your physician will contact you.

Every effort will be made to keep your appointment at the scheduled time, but in medicine, unexpected delays and emergencies may occur and your wait time may be prolonged. We give each patient the attention needed for his or her procedure.

If you have any questions or need to cancel, please call (716) 240-2296 as soon as possible

What to Bring:

1. The first and last name and address of all doctors you want to receive a copy of your procedure report.
2. Someone to drive you home. Sedation is given during your procedure. **If you have not arranged for someone to drive you home, your procedure will be cancelled.** The person who signs you out must be with you on the unit before you can be released. You will not be able to drive, operate machinery, make important decisions or return to work for the rest of the day. You may resume normal activities the next day unless the doctor states otherwise.
3. Your insurance cards. Some insurance carriers and managed care organizations require preauthorization or precertification. To obtain coverage for these procedures, we recommend you contact your insurance company. Please make sure we have your correct insurance information. If your insurance has changed or is inaccurate, please contact us at (716) 240-2296

Instructions for Upper Endoscopy

Do not consume alcohol the day before your procedure.

Do not eat or drink after midnight the night before your procedure is scheduled unless you are having a colonoscopy on the same date (see attached colonoscopy instructions).

You may drink SIPS OF WATER ONLY with prescribed medications.

Patient Checklist

If you are affected by any of the conditions listed below, please follow these instructions.

Diabetes	Check with your physician regarding your dose of insulin and other diabetic medications needed the day of your procedure.
Aspirin 81 mg	Continue to take Aspirin as prescribed by your MD
Coumadin, Plavix, Heparin, Lovenox or other blood thinners	Ask the physician who prescribed your medicine how to take it before and after your procedure. If you cannot contact your physician, call us at least 5 days before your exam. If you take Coumadin, you may need a blood test two hours before your exam. <i>Please do not assume that you can safely follow the same medication adjustments that have been made for your previous procedures.</i>

What to Wear

Wear comfortable, loose fitting clothing. Wear flat shoes or tennis shoes. Do not wear jewelry or bring valuables.

DO NOT WEAR CONTACT LENSES THE DAY OF YOUR PROCEDURE.